

# Pulled Bourbon Chicken

## Ingredients:

- 12 oz. can fresh trimmed green beans (drained)
- 1/4 cup extra virgin olive oil
- 2 tablespoons apple cider vinegar
- 1 1/2 lbs. boneless chicken breasts
- 1 1.25oz. Packet of McCormick Grill Mates Brown Sugar Bourbon Mix

## Instructions:

1. Label 1 gallon freezer storage bag
2. Add all ingredients- \*add seasoning first and chicken last so that the meat ends up in the bottom of the crockpot and the seasoning tops all other ingredients
3. Seal and freeze laying flat or standing

## Cooking:

1. Thaw in fridge overnight or in sink full of water in morning
2. Cook on low for 6-8hours or on high for 4-5 hours
3. With two forks, shred chicken and stir
4. Serve with rice